



"To create a learning environment that prepares students to become future innovators, globally responsible citizens, and mindful individuals."

RESOURCE GUIDE

2019

TABLE OF CONTENTS

I. Crisis Hotline Services

II. Referrals

a. Grief Support

b. Developmental Disability Services

c. Domestic Violence Programs

d. Parenting Groups

e. Psychiatrists

f. Psychotherapists

III. Local Sliding Scale Clinics

IV. Low Cost-Free Medical Services

Mental & Behavioral Health Resources

Crisis Hotline Services

Crisis hotline services are available in an emergency to provide support and access to valuable resources in a time of need

Adult Protective Services Hotline:

Crisis intervention for elderly and dependent adult abuse.

Ph: 877-477-3646

Al-Anon/Alateen:

Self-help support group for family and friends of problem drinkers/alcoholics.

Ph: 888-425-2666

Alcoholics Anonymous:

Voluntary, worldwide for men and women aiming to recover from alcoholism by sharing their experiences.

Cancer Survival Toolbox:

Self-learning audio program to help people to develop important skills to better meet and understand the challenges of their illnesses.

Child Abuse Hotline:

Department of Children and Family Services for Los Angeles County. To report child abuse, please call

Ph: 800-540-4000

Codependents Anonymous:

Men and women whose common goal purpose is to develop healthy relationships.

Debtors Anonymous:

Men and women share their experience with hope that they solve their common problem and help others to recover from compulsive debting.

Eating Disorders Anonymous:

12-step help for anorexia, bulimia, binge eating and food and weight obsession.

Family Violence Prevention

organizations working to end violence against women and children around the world

Ph: (415) 678-5500

Gamblers Anonymous:

Support-group to help people solve their gambling problem.

Ph: 213-386-8789

National Association Children of Alcoholics (NACOA):

Advocates for children and families affected by alcoholism and other drug dependencies M-F 8:30–5pm EST.

Ph: 888-554-2627

National Center / Missing / Exploit/ Children:

Acts as a clearing house on missing & exploited children. Accept calls from people who believe they have seen missing children. Also provides an online location (cyber tip line) for reporting internet child pornography, molestation, prostitution, internet related exploitation and child sex tourism.

Ph: 800-843-5678

National Domestic Violence Hotline:

24 hr emergency hotline, info for battered women and children.

Ph: 800-799-7233

Overeaters Anonymous:

Individuals who are recovering from compulsive overeating.

Ph: 505-891-2664

Poison Control Center:

Ph: 800-222-1222

Public Counsel:

Pro-bono public interest law firm. Delivers free legal and social services.

Ph: 213-385-2977

November 15, 2018

S-Anon:

Program of recovery for those affected by someone else's sexual behavior.

Ph: 800-210-8141

Sexaholics Anonymous:

Men and women who share their experience that they may solve their common problem and help others to recover.

Ph: 866-424-8777

Suicide Hotline:

24 hr. suicide and crisis hotline.

Ph: 800-784-2433

Victim Compensation Program (VCP):

Helps victims of violent crime and their loved ones. Victims can apply for compensation.

Referrals

Mental Health Professionals

Grief Support

Our House

Grief Support Program

<https://www.ourhouse-grief.org/>

At OUR HOUSE, they provide essential grief support for a universal experience that deserves heightened understanding and acceptance. Their programs serve adults, teens, and children.

Ph: (888) 417-1444

Comfort Zone Camp

Camp for Grieving Children/Teens

<http://www.comfortzonecamp.org/>

Comfort Zone Camp is a nonprofit bereavement organization that transforms the lives of children ages 5-25 who have experienced the death of a parent, sibling, or primary caregiver. Their programs are free of charge and include confidence building activities, age-based support groups, and family programs that break the emotional isolation grief often brings.

Ph: (415) 678-5500

Developmental Disability Services

Regional centers are nonprofit private corporations that contract with the Department of Developmental Services to provide or coordinate services and supports for individuals with developmental disabilities. They have offices throughout California to provide a local resource to help find and access the many services available to individuals and their families.

Agencies

Westside Regional Center

info@westsiderc.org

<https://westsiderc.org>

5901 Green Valley Circle #320

Culver City, CA 90230

Ph: (310) 258-4000

Art Therapy

Art Therapist

<http://www.ruthsubrin.com>

Ruth Subrin, MFT ATR

1329 Harvard St. #1

Santa Monica, CA 90404

Ph: (310) 283-4986

Domestic Violence Programs

Los Angeles Counseling Center (Batterers Program)

Ph: (323) 913-3371

Beverly Hills Counseling Center

James B Gordon, Phd, MFT

Ph: (310) 271-3784

(dv men court approved)

Parenting Groups

Parenting (Education and Support)

Miriam Davis, MFT

400 S Beverly Dr, Ste 310

Beverly Hills, CA 91212

Ph: 818-848-3022

Male & Female

Saturday, 10:30am-12noon

\$30

November 15, 2018

Psychiatrists

Dr. Maria Leonido-Yee

9300 Wilshire Blvd., Ste 510

Beverly Hills, CA 90212

Dr.leonidozee@leonidozeeemd.mymailsstreet.com

(accepts insurance)

Ph: (310) 859-7128

Hope Integrative Psychiatry (Dr. Omid Naim)

A holistic approach for adults, children & families -I've heard great feedback -I like it that he is alternative -located in Burbank

<http://www.hopepsychiatry.com/>

drnaim@hopepsychiatry.com

11159 La Maida St.

North Hollywood, CA 91601

Ph: 818-853-7485

Dr. Phillip Bowman

9777 Wilshire Blvd, #707

Beverly Hills, CA 90212

Fax: 310-276-4073

Ph: 310-276-4003

November 15, 2018

Psychotherapist

Barbara Neitlich, LCSW

6200 Wilshire Blvd, Ste 1010

LA, CA 90035

Ph: 310-933-0560

(works with children)

November 15, 2018

LOCAL SLIDING SCALE CLINICS

*Sliding scale fees are variable prices for products, services, or taxes based on a client's ability to pay

Los Angeles Area:

The Maple Counseling Center

<https://www.tmcc.org/>

info@tmcc.org

9107 Wilshire Blvd

Los Angeles, CA 90210

Ph: 310-271-9999

Southern California Counseling Center

<https://www.sccc-la.org/>

5615 W Pico Blvd

Los Angeles, CA 90019

Ph: 323-937-1344

Health Care/General Medical/Dental Care Reduced Cost/Free

THE SABAN FREE CLINIC is the LOS ANGELES FREE CLINIC (4 locations):
For appointments call 323/653-1990 www.thesabanfreeclinic.org
(medical services, dental services, mental health & case management and
education & outreach)

Beverly Health Center

Seniel Ostrow Building
8405 Beverly Blvd (at Orlando)
Los Angeles, CA 90048

Hollywood Wilshire Health Clinic

5205 Melrose Ave
Los Angeles, CA 90038

Wallis Annenberg Children and Family Health Center

5205 Melrose Ave - 2nd Floor
Los Angeles, CA 90038

JWCH INSTITUTE, INC (6 locations):

www.jwchinstitute.org

(free physical exams, screening for cancer, STD's, TB and HIV, family planning and
primary medical care)

Eisner Pediatric & Family Medical Center

1530 S Olive St
LA, CA 90015
213/747-5542

www.pedcenter.org

(between Venice Blvd and W. 15th St)

*General Dentistry, Pediatrics & Adult Medicine

LA County Health Services

HC Hudson Dental Services
2829 S Grand Ave
Los Angeles, CA
800/383-4600